CORRECT REMOVAL OF CHEMICAL PROTECTIVE CLOTHING
Type 3 & 4 AlphaTec® chemical protective suits and gloves

Best Practice - Working in your chemical protective suit
- Chemical protective suits will only help to protect you if they are:
  - Properly selected
  - Correctly fitted
  - Used for the correct environment
  - NOT torn, cut, punctured or otherwise damaged
  - Be considerate to colleagues working in the vicinity
- Non-active people in the hazardous zone should wear a protective garment in the case of an emergency
- Do not remove your chemical protective clothing and/or ancillary Personal Protective Equipment (PPE) whilst working in a hazardous area
- YOU are responsible for your own safety and well-being!

Using the Buddy System
Individuals who are paired up to assume responsibility for one another’s safety and to ensure Personal Protective Equipment (PPE) is worn correctly

1. Prior to doffing the suit
   - Always remove as much contamination as possible before entering the washing or changing areas
   - If required, use a decontamination shower
   - Move to a designated decontamination area away from workplace hazards
   - Where possible, stand over a decontamination bag for disposal of the suit
   - Ideally have somewhere to lean against for extra stability

2. Use the buddy system
   - Depending on the risk assessment and level of contamination a ‘buddy’ who is also suitably protected may be required to help assist you to doff your chemical protective suit
   - In this instance a buddy is being used to highlight best practice
   - Your buddy should be trained to ensure the correct doffing procedure is followed
   - Carefully remove chemical tape to avoid the risk of further contamination

3. Unsealing the suit
   - If the suit has been taped, take care to slowly pull away and unstick
   - Avoid any risk of further contamination
   - The buddy finds the outer zip puller under the chin
   - The buddy carefully unzips to the waist
   - The buddy unfolds the inner flap and unzips the inner red zip

4. Removal of the hood
   - Using both hands, the buddy pinches the hood at each temple
   - The buddy pulls the hood upwards and backwards to stretch the hood away from the head

5. Removal of the suit
   - The buddy rolls the hood outwards to minimise further contact with contaminated suit surfaces
   - The buddy rolls the suit outwards over the shoulders and down to the waist

6. Removal of gloves
   - Always follow the manufacturer’s instructions for removal
   - The buddy holds the glove to help with the removal of the sleeve
   - The wearer removes one arm and holds it in front of their chest
   - This procedure is then repeated for the other arm

7. Removal of footwear
   - Sit down if possible to ensure footwear can be removed safely
   - The buddy carefully removes the chemical tape
   - The buddy holds footwear and suit legs
   - The wearer moves to the uncontaminated area

8. Disposal
   - Remove any further PPE in accordance with manufacturer’s instructions
   - Buddy safely disposes of the contaminated suit and other ancillary PPE
   - Ensure no contaminated equipment is left in the work area

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