CORRECT WEARING OF CHEMICAL PROTECTIVE CLOTHING
Type 3 & 4 AlphaTec® chemical protective suits and gloves

Best Practice - Working in your chemical protective suit
- Chemical protective suits will only help to protect you if they are:
  - Properly selected
  - Correctly fitted
  - Used for the correct environment
  - NOT torn, cut, punctured or otherwise damaged
- Be considerate to colleagues working in the vicinity
- Non-active people in the hazardous zone should wear a protective garment in the case of an emergency
- In areas of an explosion risk (Ex-zones) always wear a garment which is anti-statically treated, to ensure electrostatic discharges if earthed correctly
- Take care in the work area to prevent damage to your protective equipment e.g. avoid hot surfaces and sharp edges
- Do not remove your chemical protective clothing and/or ancillary PPE whilst working in a hazardous area
- YOU are responsible for your own safety and well-being!

Using the Buddy System
Individuals who are paired up to assume responsibility for one another’s safety and to ensure Personal Protective Equipment (PPE) is worn correctly

Prior to donning the suit
- Always follow manufacturer’s instructions for use
- Use a designated changing area - free from contamination
- Check size and protection level of the chemical suit
- Open packaging carefully - do not use knives or sharp objects
- Read user instructions carefully
- Visually inspect your coverall
- Check for holes/tears and inspect seams and zips
- Do not wear if damaged

Donning the suit
- Shake the coverall to make the suit easier to put on
- Remove unnecessary bulky clothing and objects from pockets
- Remove jewellery
- Sit down and remove footwear
- Tuck trousers in to socks
- Insert leg in to coverall ensuring toes are pointed
- Pull chemical suit up to the waist
- Insert each arm and pull zipper up half way

Putting on safety footwear
- Sitting down, roll up the legs of the coverall
- Put on your required safety footwear
- Roll down each suit leg to cover the lower leg and ankle
- Do not tuck the suit leg into your footwear
- Tape the coverall hem to your footwear above your ankle
- Taping the footwear below the ankle may restrict your movement

Putting on protective gloves
- Always wear the correct gloves for the application in accordance with the manufacturer’s instructions for use
- Inspect the gloves for any defects and imperfections
- Fold back the elasticated outer suit sleeve
- Pull the gloves on one at a time and ensure the glove fits well
- Return the outer suit sleeve to its original position
- Wear an inner glove if required to give additional protection

Donning protective gloves
- Always follow the manufacturer’s instructions for use
- Pull up the hood ensuring there are no gaps
- Ensure the respirator fits comfortably around the face
- For full spray and particle protection use impermeable chemical tape
- To assist with taping, use the Buddy System if required

Don the respirator
- Always follow the manufacturer’s instructions for use
- Pull up the hood ensuring there are no gaps
- Ensure the respirator fits comfortably around the face
- For full spray and particle protection use impermeable chemical tape
- To assist with taping, use the Buddy System if required

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