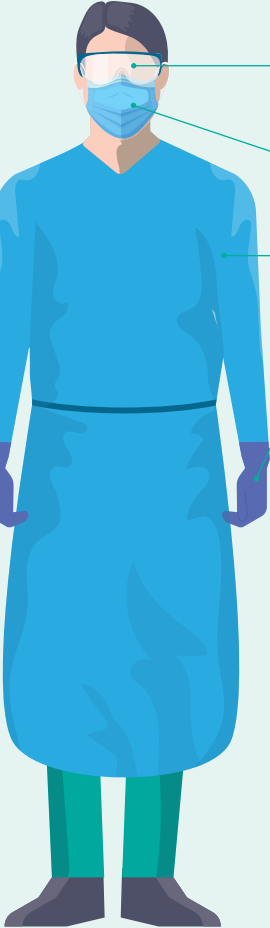
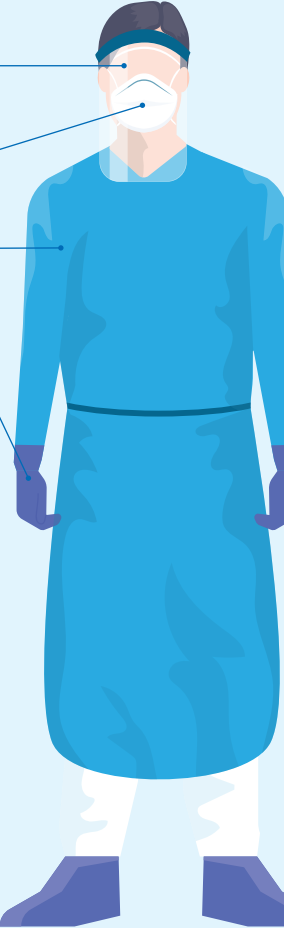


## A VISUAL GUIDE TO SAFE PPE USE FOR OUTPATIENT AND AMBULATORY HEALTHCARE WORKERS

According to the CDC, high risk jobs are those with potential for exposure to known or suspected sources of COVID-19.<sup>1</sup> Workers in this category include outpatient and ambulatory care settings where health services or acute care services are provided on an outpatient basis. These settings can include community health centers, urgent care, retail clinics in pharmacies, grocery stores or mass merchants, hospital and non-hospital based clinics, physician offices, and other public health clinics. It is important to correctly wear PPE to protect yourself and others from COVID-19.

Additional information on PPE use during clinical care can be found at <https://www.cdc.gov/coronavirus/2019-ncov/infection-control/control-recommendations.html>.

STANDARD AND CONTACT PRECAUTIONS <sup>1,2,3</sup>	AIRBORNE AND DROPLET PRECAUTIONS <sup>1,2,3</sup>
 <ul style="list-style-type: none"> <li>Eye protection, goggles</li> <li>Fluid resistant face mask</li> <li>Long sleeved, fluid resistant disposable/reusable cloth gowns</li> <li>Disposable gloves</li> </ul>	 <ul style="list-style-type: none"> <li>Eye protection, goggles or face shield</li> <li>N95 or higher-level respirator</li> <li>Long sleeved, fluid resistant disposable/reusable cloth gowns</li> <li>Disposable gloves</li> </ul>
<p><b>IMPORTANT TIPS TO REMEMBER:</b> <sup>1,2,3,4</sup></p> <ul style="list-style-type: none"> <li>Follow facility guidelines for PPE alternatives or any conservation procedures</li> <li>Type of PPE is dependent on exposure. For aerosol generating procedures, an N95 respirator is recommended</li> <li>Consider use of overalls, disposable aprons and lab coats with long sleeves and closures when gowns are not available</li> <li>PPE must be worn correctly before entering the patient area and remain in place for the duration of care</li> <li>Always extend the glove cuff over the gown cuff to fully cover the wrist and limit exposure</li> <li>If a respirator is not available, use a combination of a surgical mask and a full-face shield</li> <li>PPE should not be adjusted (e.g., retying gowns, adjusting mask, etc.) during patient care</li> <li>Remove and discard all disposable PPE into a sealed trash receptacle (e.g., disposable respirators/masks, eye protection, gown, gloves, etc.)</li> <li>Clean and disinfect reusable eye protection according to manufacturer's instructions prior to re-use</li> <li>Reusable cloth gowns should be laundered after each use</li> </ul>	



### MEDICAL GLOVES MUST

- Conform to standard AQL 2.5 or less for exam gloves and standard AQL 1.5 or less for surgical gloves (Lower AQL minimizes potential risks of contamination due to pinhole defects)
- Conform to ASTM D3578, D6319, D6977, D5250 or EN 455 (Barrier against viral penetration)
- When selecting PPE also look for conformance with viral penetration standard ASTM F1671 and EN ISO 374-5 VIRUS (Barrier against viral penetration)

### References:

- CDC Outpatient and Ambulatory Care Settings: Responding to Community Transmission of COVID-19 in the United States. <https://www.cdc.gov/coronavirus/2019-ncov/hcp/ambulatory-care-settings.html>. Accessed August 4, 2020.
- The Joint Commission Personal Protective Equipment - Mask Considerations When Caring for Known or Suspected COVID-19 Patients <https://www.jointcommission.org/en/standards/standard-faqs/ambulatory/infection-prevention-and-control-ic/000002274/>. Accessed August 4, 2020.
- AMA. A Physicians Guide to COVID-19. <https://www.ama-assn.org/system/files/2020-04/physicians-guide-covid-19.pdf>. Accessed August 4, 2020.
- CDC Interim Infection Prevention and Control Recommendations for Patients with Suspected or Confirmed Coronavirus Disease 2019. <https://www.cdc.gov/coronavirus/2019-ncov/hcp/infection-control-recommendations.html>. Accessed August 4, 2020.

➔ For more information on infection prevention and control of COVID-19, please visit: [www.ansell.com/us/en/the-new-coronavirus](http://www.ansell.com/us/en/the-new-coronavirus)

Please Note: Given the novelty of this coronavirus, recommendations from the source references are interim and advisory in nature and are based on current knowledge of the situation. Always ensure compliance with your local public health authorities regulations surrounding conservation, usage, and selection guidance of PPE to combat the COVID-19 pandemic.