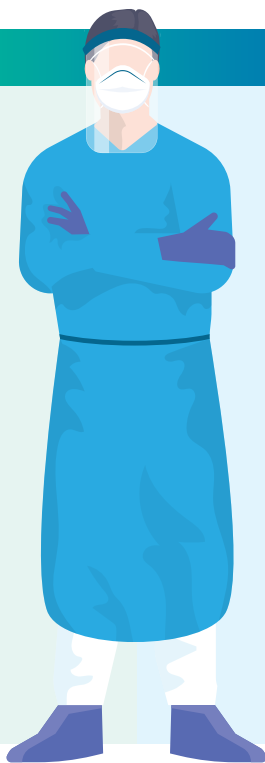


## DONNING AND DOFFING GUIDE FOR ENVIRONMENTAL SERVICES (EVS) PROFESSIONALS

According to the CDC, high exposure risk jobs are those with high potential for exposure to known or suspected sources of COVID-19.<sup>1</sup> Workers in this category include EVS Professionals, who should follow the CDC guidelines and associated professional organization recommendations for cleaning, disinfection and use of PPE with known or suspected COVID-19 patients. It is important to wear PPE to protect yourself and others from COVID-19. Additional information on PPE use during clinical care can be found at <https://www.ahe.org/covid-19-resources-evs-professionals-2020>

For optimal protection and to avoid cross-contamination during the donning and doffing process, follow these steps.<sup>1,2,3</sup>

DONNING	DOFFING
<ol style="list-style-type: none"> <li><b>1. Perform hand hygiene.</b></li> <li><b>2. Protective Clothing:</b> Don gown. Secure all ties/fasteners. If back closure, a second operator should assist.</li> <li><b>3. Mask/Respirator:</b> <b>Mask:</b> Tie at top of head and base of neck or loop over ears to secure. <b>Respirator:</b> Place straps at top of head and base of neck to secure, eliminating any gaps between respirator and face. Perform seal check.</li> <li><b>4. Eye Protection:</b> Place goggles or face shield over the mask straps and ensure the elastic strap fits snugly on the head.</li> <li><b>5. Perform hand hygiene before putting on gloves.</b></li> <li><b>6. Gloves:</b> Don gloves as the final step, be sure to extend the gloves over the gown cuff or clothing to cover wrist and limit exposure.</li> </ol>	<ol style="list-style-type: none"> <li><b>1. Remove gloves</b> being careful to prevent additional contamination of hands. Gloves can be removed using more than one technique with primary goal of not touching outside contaminated portion. Discard in sealed trash receptacle.</li> <li><b>2. Remove gown.</b> First untie or unsnap all buttons. Reach up to shoulders and carefully pull gown down and away from body. Roll gown down and discard in sealed trash receptacle.</li> <li><b>3. Exit room and perform hand hygiene.</b></li> <li><b>4. Remove face shield or goggles</b> grabbing the strap, pulling upwards and away from head. Do not touch the front of face shield or goggles. Discard in a sealed trash receptacle or prepare for cleaning/reprocessing.</li> <li><b>5. Remove and discard mask/respirator</b> without touching the front. <b>Respirator:</b> To remove the bottom strap, bring over the head, repeat with top strap, then pull the respirator away from face. <b>Mask:</b> Carefully untie or unhook straps and pull away from face. Discard respirator or mask in a sealed trash receptacle.</li> <li><b>6. Perform hand hygiene</b> after removing the mask/ respirator.</li> </ol>



### IMPORTANT TIPS TO REMEMBER<sup>1,2,3</sup>

- Have all your supplies before entering the room.
- PPE must be donned correctly before entering the room.
- PPE must remain in place and be worn correctly for the duration of work.
- Leaving the room to get something, you will need to doff (remove) the PPE right after you leave the room and then re-don (put on clean) PPE when you go back in room.
- PPE should not be adjusted (e.g., retying gown, adjusting respirator/facemask).
- PPE must be removed slowly and deliberately in a sequence that prevents self-contamination.
- Ensure safe waste management. Treat waste contaminated with blood, body fluids, secretions and excretions as medical waste, in accordance with local regulations.

### HAND HYGIENE<sup>4</sup>

**Before donning and after doffing PPE for care of any patient, proper hand hygiene should be performed.** Wash hands with soap and water for at least 20 seconds, or disinfect hands with an alcohol rub (>60%) in compliance with your organization's recommended procedure.

#### References:

1. CDC Infection Control Guidance for Healthcare Professionals About COVID-19. <https://www.cdc.gov/coronavirus/2019-ncov/hcp/infection-control.html>. Accessed July 27, 2020
2. Interim Infection Prevention and Control Recommendations for Patients with Suspected or Confirmed Coronavirus Disease 2019 (COVID-19) in Healthcare Settings. [https://www.cdc.gov/coronavirus/2019-ncov/hcp/infection-control-recommendations.html?CDC\\_AA\\_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Finfection-control%2Fcontrol-recommendations.html](https://www.cdc.gov/coronavirus/2019-ncov/hcp/infection-control-recommendations.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Finfection-control%2Fcontrol-recommendations.html). Accessed July 27, 2020.
3. Association for the Healthcare Environment (AHE) COVID-19 Resources for EVS Professionals, 2020, <https://www.ahe.org/covid-19-resources-evs-professionals-2020>. Accessed July 27, 2020
4. CDC Hand Hygiene Recommendations. <https://www.cdc.gov/coronavirus/2019-ncov/hcp/hand-hygiene.html>. Accessed July 27, 2020.

➔ For more information on infection prevention and control of COVID-19, please visit: [www.ansell.com/us/en/the-new-coronavirus](http://www.ansell.com/us/en/the-new-coronavirus)

**Please Note:** Given the novelty of this coronavirus, recommendations from the source references are interim and advisory in nature and are based on current knowledge of the situation. Always ensure compliance with your local public health authorities regulations surrounding conservation, usage, and selection guidance of PPE to combat the COVID-19 pandemic.