

## CHOOSING THE RIGHT SIZE EXAM GLOVE

More people are now wearing disposable gloves to help prevent exposure to the coronavirus. But it is important to recognize that as a first layer of defense, disposable gloves are most effective when they fit well.

If gloves are too tight, dexterity is limited and gloves could tear during use. If they are too loose, gloves can get in the way when doing tasks and do a poor job of keeping out potential pathogens.

*Tight fit around fingers leaves less room for snags*

*If palm is too tight it will restrict motion and strain muscles*

*Cuff should hug the wrist to protect from contaminants*

