

PROPER DONNING & DOFFING OF DISPOSABLE GLOVES

Protective gloves are an important piece of safety equipment across a wide range of industries.

When donned properly, they help protect workers from exposure to hazardous substances and safeguard products and processes from contamination.

When doffed correctly, workers help prevent contamination to themselves and their environments.

Donning



Wash and ensure your hands are completely dry before donning the gloves.



Remove one glove from the package and inspect it to be sure no pinholes or tears are present.



Follow these illustrative tips on how to don and doff gloves in ways that help ensure worker safety and product integrity.



If gloves are ambidextrous, they can be worn on either hand. If not, align the glove's fingers and thumb with the proper hand before donning.



Insert five fingers into the cuff and pull the cuff over the wrist.



Check for a secure fit around the fingers and palm. The cuff should fit snugly around the wrist.



Even with gloves on, do not touch your face, especially around the eyes, nose and mouth.

Donning



Grasp the outside edge of the glove near the wrist.



Peel the glove away from the hand, turning it inside out. Hold it in the opposite gloved hand.



Slide an ungloved finger under the wrist of the remaining glove, being careful not to touch the outside of the glove.



Peel the remaining glove off from the inside, creating a "bag" containing both gloves. Discard.



Wash and dry hands.



Proper doffing can ensure any virus on the glove does not contaminate broader spaces.