

## DONNING GARMENTS IN AN ASEPTIC ENVIRONMENT – S-BDCHT

- Undergarments, hairnet and cleanroom clogs/shoes are already donned before entering the changing room
- Movements should be slow and controlled
- Do not talk, cough or sneeze whilst in the donning area



1 Wash hands, wrists and fingers.



2 Aseptically don sterile cleanroom gloves, using our sterile glove donning guide, do not touch the outside surface with your barehands. Disinfect gloves after each donning procedure.



3 Remove the coverall from the package. You will notice the garment is unzipped and inverted at the waist, while the sleeves and pants are folded-in to ease donning aseptically.



4 Hold the coverall at the waist to prepare for donning.



5 You may choose to roll up the coverall to provide a better grip for easier donning.



6 While holding the interior surface, don carefully by inserting each leg into the pants/trousers one by one.



7 Once legs are fully donned, insert one hand carefully into a sleeve while the other hand brings the other side of the coverall around to the front (like when putting on a shirt). Insert other hand into the other sleeve. Once both hands have been inserted into the sleeves, raise both hands up above your head to fully stretch out the coverall.



8 To don the hood, reach behind your head with palms facing each other and insert hands inside the hood and bring hood up and over head.



9 Cross your legs, hold the zipper, and pull upwards until coverall is fully zipped up.



10

Once the overall is fully zipped, remove the backing liner and stick the flap over the zipper.



11

Loop the thumb loop over the thumb, do this for each sleeve.



12

Don over boots following our sterile over boot donning guide.



13

Aseptically don facemask.



14

Don goggles by only touching the outside of the goggles and goggle straps. Make sure the goggles cover all remaining exposed skin of your face.



15

Aseptically don second pair of sterile cleanroom gloves using our sterile glove donning guide, do not touch the outside surface while donning the gloves.



16

Do final check in the mirror to ensure all apparel fits correctly.



17

Garment donning is complete.

*This donning guide is for guidance only, site protocols and procedures should be followed at all times.*

➤ For more information on Ansell's safety solutions visit [www.ansell.com](http://www.ansell.com)

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