

SANDEL® Z-TAP™ PATIENT REPOSITIONING SYSTEM INSTRUCTIONS FOR USE

Uses

SANDEL® Z-TAP™ patient repositioning sheet

- To assist with patient positioning and repositioning
- To offload pressure from the sacrum (when used in conjunction with pillows or foam wedges)
- To control patient body heat and moisture

SANDEL® Z-SORB™ disposable underpads

- To absorb bodily fluids and control moisture

SANDEL® Z-WEDGE™ patient positioning wedges

- To offload pressure from the sacrum when used as part of a patient turning protocol

Contents <i>*This package contains one of the following products</i>	Item <small>REF</small> #5101: SANDEL® Z-TAP™ patient repositioning sheet
	Item <small>REF</small> #5102: SANDEL® Z-TAP patient repositioning sheet with turn straps
	Item <small>REF</small> #5201: SANDEL® Z-SORB™ disposable underpads
	Item <small>REF</small> #5301: SANDEL® Z-WEDGE™ patient positioning wedges

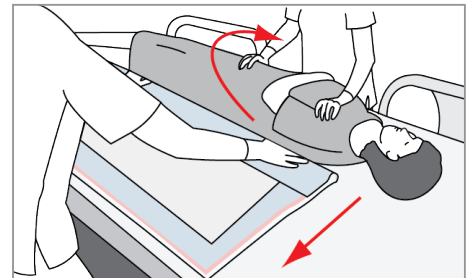
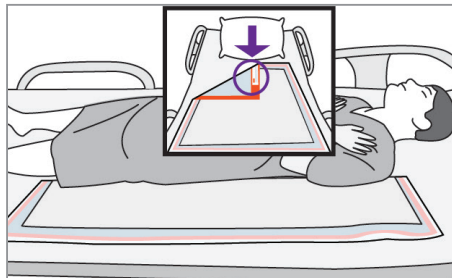
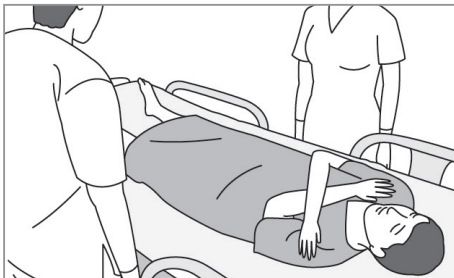
Each item sold separately. For best results, it is recommended to use these items in combination according to the instructions below. If using the SANDEL® Z-TAP™ patient repositioning sheet or SANDEL® Z-SORB™ disposable underpad separately, refer to the instructions in Part 1 below. If using the SANDEL® Z-WEDGE™ patient positioning wedges separately, refer to Part 2 below.

Caution



- **DO NOT use the SANDEL® Z-TAP™ patient repositioning system to lift patients**
- Patient repositioning should always be performed according to the facility's safe patient handling policies and procedures
- Periodically check product for signs of wear and replace if product is damaged
- For single patient use only
- Weight capacity: 550 lbs/250 kg

Part 1: Placing the SANDEL® Z-TAP™ repositioning sheet and SANDEL® Z-SORB™ disposable underpad under the patient:

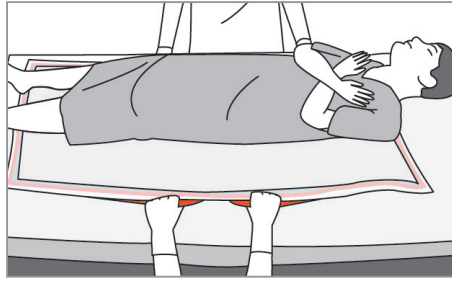


To get started:

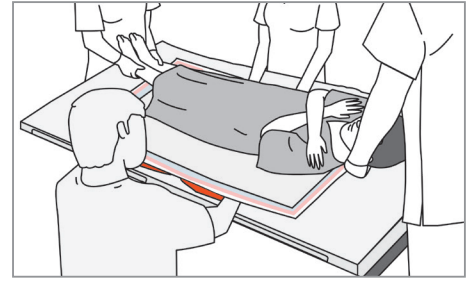
1. A minimum of two caregivers should be present when turning or repositioning the patient.
 - Lock the bed brakes and make sure the bed is flat.
 - Lower the height of the bed to waist level.
 - Patient's arms should be folded across their chest.
2. Lower the bed rail nearest to you.
3. Unfold the Z-TAP™ repositioning sheet and one underpad. Place the Z-TAP™ repositioning sheet and underpad, with the underpad on top, alongside of the patient with the patient in the supine position. The tag on the underside of the sheet should be positioned near the head of the bed. The upper edge of the Z-TAP™ repositioning sheet should be aligned with the patients shoulders.
4. With underpad on top, gather the Z-TAP™ repositioning sheet and underpad in both hands and roll up the half nearest to the patient. Tuck the rolled sheet under the patient. If needed, have the second caregiver slightly log roll the patient toward them with bed rail up to tuck the sheet further under. Then flatten the remaining half of the sheet toward you across the bed.



5. Raise the bed rail and log roll the patient toward you.
6. From the opposite side of the bed, lower the bed rail and have the 2nd caregiver pull the Z-TAP™ repositioning sheet and underpad through, unroll and flatten across the bed. Then return the patient to the supine position.



7. Using the orange vertical handles, together with the second caregiver, reposition the patient up or down in the bed as desired.



8. If a patient is unable to lift their head or feet during repositioning or boosting, a caregiver should support the head and/or heels as necessary to avoid shear.
9. Once the patient is positioned as desired, return bed to proper position and raise bed rails.

Part 2: Placing the SANDEL® Z-WEDGE™ patient positioning wedges



Patient turning using item #5101



Patient turning using item #5102



2. Refer to the "THIS SIDE DOWN" arrows to ensure the wedges are properly positioned. After wedges are properly placed, return bed to proper position and raise bed rails.



3. Periodically reposition the patient to offload pressure from the sacrum, move the wedges to the opposite side and complete routine skin assessment per facility protocols. After you have repositioned the patient, repeat instructions 1 and 2.

1. Following the facility's patient handling guidelines, place one wedge under the patient with the bottom edge approximately 4 inches above the sacrum and place the other wedge under the patient with the top edge approximately 4 inches below the sacrum. Use clinical judgment to determine optimal wedge placement based on patient assessment.

Changing the Disposable Underpad

The frequency of underpad replacement should be determined by facility guidelines. When the underpad is changed, ensure the top edge of the underpad is aligned with the top edge of the repositioning sheet.

Cleaning the Repositioning Sheet

If the repositioning sheet becomes soiled, follow facility protocol for replacing. Do not launder.



SANDEL®



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